

KILLINGTON 2011 5-Day GS RACE CAMP

And

2-Day SLALOM RACE CAMP

5-Day GS Race Camp

WHEN: (5-Day GS Camp) **Monday December 5th through Friday December 9th**. Lodging is available at the North Star. (Note: 5-day lodging will be booked Sunday, Dec. 4th through Thursday, Dec. 8th with check out Friday morning.) 7-Day lodging is available for those who wish to race the ASRA Race over the weekend of Dec. 10th. (There is a limited amount of rooms available, so it's first come, first served). Also, North Star is available Friday and Saturday, Dec 2th and Dec 3rd. NOTE: See below for '[Lodging](#)'.

WHO IS RACE CAMP FOR: Intermediates through Advanced skiers; with an available Beginners Program. Ever wonder how your fellow skiers/racers improve each year? This is the secret!! Race Camp is a great opportunity for skiers, racers and non-racers to sharpen their skills and improve technique for the upcoming season.

WHAT'S A RACEWEEK LIKE? You are placed in a class with about six other skiers/racers of like ability. You will spend the next five days with a coach/instructor and classmates (including lunch time). Want to "feel" that ski carve turn? *Emphasis is placed on full days of "drills" which isolates technique and provides the 'feel' of proper technique.* Only then is attention turned to actually running 'Gates'. RACEWEEK will improve all aspects of your skiing, and get you up and running for a great skiing season!

RACEWEEK INCLUDES:

1. One half day of free skiing on Sunday Dec 4th
2. 5 - day ski pass (Monday through Friday)
3. Video Tape Analysis
4. Gate Training Sessions
5. Seminars on Ski Tuning, Conditioning, Racing, and much more!!!!
6. Thursday Race **(PLEASE NOTE: YOU NEED A HELMET FOR THE RACE)**
7. Thursday night Awards Banquet, Give-A-Ways...and great party afterwards
8. Great HOT TUB party at the North Star Tuesday night! Free Mudslides, beer, wine and snacks!
9. Free long sleeved T-Shirt
10. Discounted Group Dinners

RACEWEEK COSTS: 5 Day GS Camp: ONLY \$420.00 PER PERSON (if booked and paid in full before 11/16/11, \$460.00 after 11/16/11). Cost for people with a season pass will be \$340.00 (if booked and paid in full before 11/16/11, \$380.00 after 11/16/11).

NOTE: For **NON-RACERS** or **BEGINNERS**, regular 2-hour-daily lessons are also available for \$385.00/week (This includes 5 lift tickets).

2-Day Slalom Race Camp

This 2-day Slalom Training Camp is held on **Saturday December 3rd & Sunday the 4th** at Killington. This camp not only improves your Slalom racing but will help you ski the moguls much better. Technical and tactical drills, with an emphasis on gate training for Slalom racing, will be stressed. There will be only training, NO OFFICIAL RACE (There will be a timed course set up Sunday afternoon).

The cost for the 2 day camp will be \$200.00 which includes lift tickets, T Shirt, party, etc. (If booked and paid in full before 11/16/11, \$240.00 after 11-16-11). **Season Pass holders: \$165.00** (If booked and paid in full before 11-16-11 and \$205.00 after 11-16-11).

Reservations

RACE CAMPS: \$100.00 **Deposit for each Race Camp is due by 11/4/11.** **Paid in full before 11-16-11.** Reminder: The cost of the Slalom Camp will be \$240.00 and the regular 5 day camp \$460.00 if not paid in full by 11-16-11. Please note: **\$40 is non-refundable.** Checks payable to and mailed to: **Wes Carrajat, 325 So Union Ave., Cranford, NJ 07016.** Please include your Home address, Home and Work/Cell Phone numbers, shirt size and e-mail Address and the same when signing up for persons other than you.

LODGING: **North Star Lodge & Motor Inn** (802) 422-4040 located on the Killington Access road walking distance to the GRIST MILL! Private Bath, Heated Pool, Hot Tub, Saunas and washers/dryers. **GS-Camp:** 5-night rate is \$200.00 Sunday through Thursday nights. 7-night rate is \$310.00. **Slalom Camp:** 2-night (Friday and Saturday nights) is \$115.

All rooms are DOUBLE OCCUPANCY. Single room rates are available. Includes a light breakfast.

NOTE-1: **Lodging must be made through me to get these rates.**

NOTE-2: They may have 1-2 Bedroom super suites available (see Wes for prices).

For all rooms, if I'm unable to double you up, you will have to pay the single rate.

PS: For Great Tune-ups (Stone Ground) and Discounts on Boots, Skis, Bindings and all Equipment, go to **PEAK PERFORMANCE SKI SHOP** (Located on the Access Rd across from the "Night Spot"). Their phone number is 802-422-9447. Mention that you are in the Race Camp or are a friend of WES.

In order to get the Discounted Price, **all bookings for both the Race Camps and Lodging, must be done through me, Wes Carrajat** (908) 276-6939, cell: 908-591-6211. **WesNJ@Comcast.net** **Make all checks out to me** (Wes Carrajat) and mail to 325 S Union Ave, Cranford, NJ 07016.